



## OUT OF HOURS RIDES

The Training Committee supported by the Committee has agreed to facilitate out of hours training with Qualified and Senior Observers by prior arrangement. Out of hours training covers all periods when group training hasn't been arranged and also covers the winter months when the club normally stands down.

Observers and Associates interested in taking up this option should contact the Out of Hours team leader, Cedric Johnson on 01423 881947 with their details. Observers will then be paired with Associates (by postcode if possible) and will be required to liaise with each other to organise training rides at their convenience. Winter rides on a Saturday will be run as per Wednesday night i.e. book in on the day and the team leader will pair Observers and Associates up.

These sessions will need to be documented as normal and the Observers will need to complete an Out of Hours Training Slip (see below) and forwarded it to the Out of Hours Team Leader and the Membership Secretary to ensure they and the Associate are credited with the training session.

### Record of Out of Hours Training Session

Associate's Name	Date
Observer's Name	
Associate's Team	
Ride Started From	
Ride Ended At	
Duration of Ride	Mileage Done
The Associate requires a progress assessment	Yes/No
The Associate is ready for a PTA	Yes/No



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## Record of Out of Hours Training Session

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Date

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Observer's Name

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Associate's Team

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Ride Started From

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Ride Ended At

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Duration of Ride

Mileage Done

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The Associate requires a progress assessment

Yes/No

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The Associate is ready for a PTA

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Date

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Observer's Name

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Associate's Team

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Ride Started From

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Mileage Done

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